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Work-Life Balance For Dummies Paperback – January 1, 2011 by Katherine Lockett Jeni Mumford (Author) See all formats and editions Hide other formats and editions. Price New from Used from Kindle "Please retry" \$21.59 — — Paperback "Please retry" \$20.68 . \$18.35: \$24.00: Mass Market Paperback "Please retry" \$45.07 .

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### **Work / life balance for dummies. (eBook, 2012)** **[WorldCat.org]**

Jeni Mumford is the author of Life Coaching For Dummies and is a professional coach and facilitator. Much of her work with clients centres around helping them to get the right balance across all areas of their lives.

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## **Online ...**

Book Review: Work-Life Balance for Dummies Jeni Mumford and Katherine Lockett's <>is a must-read for any employee. The simple self-help book discusses what we can do as individuals to ensure that we do not neglect work-life balance.

## **Book Review: Work-Life Balance for Dummies by Get Out! Events**

HBR Guide to Work-Life Balance. by Harvard Business Review, Stewart D. Friedman, Elizabeth Grace Saunders, Peter Bregman, Daisy Wademan ... Every day you juggle the many components that fill your life. Between work and family commitments, volunteer work, hobbies, and managing your physical and mental health, it's easy to feel overwhelmed and ...

## **HBR Guide to Work-Life Balance**

"Work/life balance may seem like an issue for individuals, but it

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also should be a concern for businesses,” said Max Messmer, chairman of Accountemps and author of Human Resources Kit For Dummies® 2nd edition. “Whether it’s through flexible work schedules, telecommuting arrangements or other options, companies can benefit from helping their teams balance professional and personal ...

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